



The Counselor Connection

JANUARY 2022

This month's character trait: RESPECT

So What is It?

Respect means caring enough about a person, animal, or thing to consider how words or actions would impact him/her/it.

Why is it Important?

It is important to show respect to others because this can help them to feel valued and accepted. It is also important for you to be shown respect so you can feel important and loved.

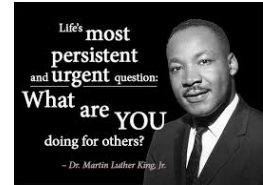
How can I Show That I am Respectful?

- I will use good table manners when eating.
- I will show up to class, meetings, and DBAs on time.

- I will speak kind words to everyone.
- I will listen to and obey my adults.
- I will give someone a compliment.
- I will wait until someone is finished speaking before talking.
- I will take good care of my pets.
- I will clean up trash in my neighborhood.
- I will always say 'please' and 'thank you'.
- I will think about how my words might affect someone before saying them.
- I will smile at someone.
- I will take good care of myself by eating healthy, exercising, and going to bed on time.

January at a Glance

1/3 Classes Resume
1/17 Martin Luther King Jr Day - NO SCHOOL



Look for our *new* webinar on respect! Check it out [here!](#)



How You can Help Your Child Learn to show Respect

- Show patience and listen to your child explain his feelings/reasoning for acting
- Explain to her how her actions might affect someone by discussing how a person might feel after being disrespected
- When you make a mistake, (i.e. making a false accusation, yelling, etc.) apologize and show them that no adult is perfect
- Point out characters being respectful in stories or movies as examples
- Model how to be respectful when speaking to others
- Show them regularly that they are loved, accepted, and valued

We're here to help!



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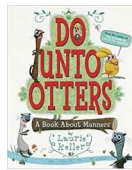


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Respect is a mirror, the more you show it to other people, the more they will reflect it back.

— Ayan Mallick

Check out these books!



Do Unto Otters

By: Laurie Keller

Wonder

By: R.J. Palacio



The Way I Act

By: Steve Metzger

